

Registration Information Package Spring 2018 Season

April 16th to May 26th 2018

Welcome to the Markham Skating Club's spring season. Sanctioned by Skate Canada, we offer a wide range of top quality programs. From "learn to skate" programs to adult lessons, and Performance Enrichment to Power Skating, we strive to offer something for everyone. Our ultimate mission is to inspire a life long love for the sport of skating.

Spring sessions are held at Mount Joy Arena

(North side of 16th Avenue, just east of Hwy 48; enter beside St. Brother André High School).

REGISTRATION OPENS February 20th at 6pm REGISTER ONLINE AT: www.markhamskatingclub.com

No registrations will be accepted prior to February 20th at 6pm. All registrations are processed on a first-come, first-served basis. Sessions fill quickly. Register early to ensure you obtain space in your preferred sessions.

If you prefer to pay by cash or cheque, or if you need help with the online process, **registrations will be taken in person at the Markham Village Arena lobby on February 20th (6-8pm).** After registration opens, in-person registrations will continue to be accepted during office hours.

SPRING 2018 OFFICE HOURS

January 8th to April 6th

From February 16-24, office is closed during daytime hours (voice mail and email will be checked regularly); evening and Saturday hours continue at Markham Village Arena

	Daytime (Markham Village Arena)	Evening (Markham Village Arena)	
Monday	10:00am – 3:00pm	5:00pm – 6:30pm	
Tuesday	10:00am – 3:00pm	7:00pm – 9:00pm	
Wednesday	closed	closed	
Thursday	10:00am – 3:00pm	5:00pm – 7:30pm	
Friday	closed	6:00pm – 8:00pm	
Saturday	10:00am – 12:30pm	closed	

Note: Due to our Ice Show, office hours will be different from April 7^{th} -15th; *please leave a message.*

April 16th – May 26th

Note: from April 23-May 9, office is closed during daytime hours (voice mail and email will be checked regularly); evening and Saturday hours continue at Mt. Joy Arena.

	Daytime (Markham Village Arena) Evening (Mount Joy	
Monday	10:00am – 3:00pm	5:00pm – 6:30pm
Tuesday	10:00am – 3:00pm	7:00pm – 9:00pm
Wednesday	closed	closed
Thursday	10:00am – 3:00pm 5:00pm – 7:30pm	
Friday	closed	6:00pm – 8:00pm
Saturday	10:00am – 12:30pm (Mt. Joy Arena)	closed

Programs under sanction of Skate Canada – Club No. 1000444 Contact us by phone: (905) 472-6982 or email: info@markhamskatingclub.com



PROGRAMS AND QUALIFICATIONS

 Individuals must be registered in the full program and must skate at their scheduled time each week; drop-ins to other sessions cannot be accommodated. Skaters must have met the criteria for their selected program as of February 1, 2018.

 Pre-CanSkate
 Pre-CanSkate is an introductory session taught by professional coaches. It is taught in a flexible manner and is designed to be an enjoyable time for preschool children (ages 3-5) while they learn the fundamentals of skating. CSA-approved helmets are mandatory. Skate guards are also mandatory and must be worn at all times when skaters are not on the ice.

CanSkate CanSkate is a beginner program for skaters aged 5 and up who are able to stand up and move around competently on the ice. Our coaches work hard to ensure a fun time with 30 minutes of group instruction per session and an exceptionally low skater-to-coach ratio. Ribbons and badges are awarded as skaters master the fundamentals to prepare for success in more advanced Skate Canada programs. CSA-approved helmets are mandatory until skaters pass CanSkate Stage 5. Skate guards are also mandatory and must always be worn when skaters are not on the ice.

STARSkate

STARSkate programs (Intermediate, Senior, Advanced, Gold) afford skaters the opportunity to develop their figure skating in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters may take tests through Skate Canada's nationally standardized testing system, but testing is not mandatory. Skaters who have mastered figure skating skills in STARSkate may choose to pursue synchronized or pairs skating, enter competitions, become involved in judging and more. All STARSkate levels include a stroking session at the start of each session.

Intermediate Qualification: passed CanSkate Stage 6. Includes a 15-minute group lesson. Although additional private coaching is not mandatory, it is highly recommended at this level; coaching must be arranged directly with the coach of your choice. Private coaching cannot be arranged through the office.

Senior Qualification: passed any complete Star 2 test OR one complete Preliminary test (Dance, Skills or Freeskate). Additional private coaching is mandatory at or above this level. **Advanced/Gold Qualification:** passed any 3 of the following 4:

- 1. Preliminary or Star 3 Freeskate,
- 2. Junior Bronze or Star 5 Freeskate,
- 3. Senior Bronze or Star 5 Skills,
- 4. Senior Bronze Dances.

(Some qualification exceptions may apply).

Adult/Teen

Adult/Teen sessions offer a fun, non-judgmental environment for those aged 13 and up to improve basic skating skills or maintain more advanced skills. Helmets are mandatory for skaters who are just learning, or who have not passed the equivalent of CanSkate level 5. **If you are unsure of your level, bring a helmet to the first session and our coaches will assess your level.**

Performance Enrichment Our **Performance Enrichment Program (PEP)** is a great way for dedicated, goal-oriented skaters to move ahead quickly as it is designed to improve skaters' edges, stamina, skill and form. PEP skaters receive group lessons, coach-led drills, performance training and more. Participants must be at the Intermediate level or higher, and must also skate a minimum of one other session per week at MSC. Before enrolling in PEP, skaters must consult with their coach to ensure the program is appropriate for their skill level. Skaters in this program are coached throughout the entire session. Thirty minutes of off-ice training (either before or after they skate) is included in PEP program fees. Choice of off-ice class time must be made at time of registration.



Power Skating	 CanPower programs are a great next step for skaters who have completed CanSkate 5 or 6 and prefer not to pursue figure skating. These are NOT "learn to skate" programs. MSC's renowned power skating programs are led by coaches with over 30 years' experience in power skating. The CanPower program is designed to build strong skating skills for new and experienced hockey and ringette players. Focus is placed on edge quality and control, body alignment and balance. A variety of stopping, starting and turning exercises will challenge the skaters both physically and mentally, helping to develop better on-ice coordination and body awareness. Skaters will be introduced to new techniques suitable to their individual level. Our 7:10pm session caters to younger players (min. 6 years old) looking to further develop their basic skating skills. Skaters must be able to skate the length of the rink either forward or backward and must be able to stop on command. Skaters MUST have passed CanSkate Stage 5 (or higher). Our 8:10pm session is for skaters at least 8 years old. This session is for the more advanced skaters playing rep hockey (or aiming to do so). Skaters must be able to stop in both directions. All power skaters must wear full hockey equipment (CSA-approved). Bring a hockey stick – it will be incorporated into many drills.
Guest Skating/Alumni	Current Skate Canada Members at the Intermediate level or above may buy guest passes at \$25 per session for a maximum of 6 sessions per year. Pre-registration and pre- payment is required. MSC Alumni (minimum of Senior qualifications) who have moved out of town for work or to attend post-secondary school may receive 6 guest passes per season for a reduced fee of \$125.
Add a Session	Current MSC Members at the Intermediate level or above can "add a session" to their usual weekly schedules by paying a fee of \$10 per additional single session. Skaters must be qualified for the session they are adding, and <u>space must be available on the</u> <u>session requested</u> . Pre-registration and pre-payment in full is required. Max. 6 "add on" single sessions per year.
Ticket Ice	Ticket ice refers to ice time available to MSC skaters outside our regular session schedule. Skaters who would like additional practice time need to <i>book this time in advance with their private coach</i> .
	Ticket ice times for the spring 2018 season are: Tuesday 3pm-4pm and Wednesday 3pm-4pm. Ticket ice is subject to cancellation from time to time, so check with your coach before arriving – he/she can confirm whether the ice is still available. All skaters must ensure, <u>before skating</u> , that their coach will be in attendance throughout the time they are on the ice.
	NEW PAYMENT SYSTEM THIS YEAR: Ticket ice must be booked in advance through the office, and you must have a physical paper ticket before you step on the ice. Tickets may also be purchased online from our website. Tickets are \$10 for a single session, or you may purchase a book of 5 tickets for \$40. Non MSC-skaters (guest skaters) must be current Skate Canada members, and may use MSC ticket ice at \$25/session.



SCHEDULES

While every effort is made to ensure that schedules for all programs are fair and equal, holidays, special events and testing may affect sessions; please consider the list of Key Dates (p.8) when choosing your sessions. Times and schedules are subject to change. Whenever possible, notices will be emailed to members, posted on the MSC website, and posted in the arena lobby.

1) ON-ICE TRAINING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:10-5:20	4:10-5:30	4:10-5:30	4:10-5:30	4:10-5:10	8:10-9:20
Senior	Adv/Gold	Intermediate/Senior	Senior	Adv/Gold	Intermediate
5:30-6:20	5:40-7:00	5:40-6:10	5:40-6:30	5:10-6:10	9:30-10:40
Pre/CanSkate	Intermediate/Senior	PEP*	Pre/CanSkate	Intermediate/Senior	Senior
6:20-7:30	7:10-8:00	6:20-7:30	6:30-7:20	6:20-7:10	10:50-11:40
Intermediate	Power	Senior	Pre/CanSkate	Pre/CanSkate	Pre/CanSkate
7:40-9:00	8:10-9:00	7:40-9:00	7:30-9:00	7:10-8:00	11:40-12:30
Adv/Gold	Power	Adv/Gold	Adv/Gold	Pre/CanSkate	Pre/CanSkate
			9:10-10:00		12:40-2:00
			Adult/Teen		Adv/Gold**

***PEP (Performance Enrichment Program) includes 30 minutes of off-ice training** either immediately before or after the on-ice class on Wednesdays. When you register, please indicate which off-ice session (before or after skating) you will take.

****Last 30 minutes of the Saturday Advanced/Gold session is for DANCE PRACTICE ONLY.** This additional time is included with registration on this session. Others, including Adult skaters, may join the dance session by coach invitation only. Dance qualification: skaters must be working on Junior Silver dances or higher.

2) OFF-ICE TRAINING

At MSC we are committed to giving our skaters the best training possible. To demonstrate our belief in the benefits of training "beyond the ice", we are continuing our off-ice classes. Designed to reduce risk of injury, build a strong muscular foundation, and maximize skating potential, these classes help skaters handle the physical demands of figure skating, including jumps, spins and programs. Our off-ice training classes are led by a Certified Athletic Therapist who has been working with athletes for over 25 years. Classes are personalized to the abilities and needs of each group.

One off-ice class is included in the fees for every skater at Intermediate or higher. Classes are every **Thursday** for the duration of the skating season. Space is limited to a maximum of 20 students per class, so sign up for your off-ice training when you register for your on-ice sessions.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		PEP Off-Ice #1 5:00-5:30	Off-Ice Class #1 (Senior/Int) 5:40-6:30		
		PEP Off-Ice #2 6:20-6:50	Off-Ice Class #2 (Adv/Gold) 6:30-7:20		
			Off-Ice Class #3 (Adult) 8:10-9:00		

As with on-ice programs, session space is allocated on a first-come first-served basis. We recommended you register for your fitness and jump training while registering for your on-ice sessions. Skaters must attend the fitness session for which they are registered; drop-ins to other classes for missed lessons cannot be accommodated.



SCHEDULE BY PROGRAM

Pre-CanSkate & CanSkate	Monday 5:30-6:20*
(Pre/Can)	Thursday 5:40-6:30*
	Thursday 6:30-7:20*
	Friday 6:20-7:10*
	Friday 7:10-8:00*
	Saturday 10:50-11:40*
	Saturday 11:40-12:30*
Intermediate (Int)	Monday 6:20-7:30*
	Tuesday 5:40-7:00 (with Senior)
	Wednesday 4:10-5:30 (with Senior)
	Friday 5:10-6:10* (with Senior)
	Saturday 8:10-9:20
Senior (Sr)	Monday 4:10-5:20*
	Tuesday 5:40-7:00 (with Intermediate)
	Wednesday 4:10-5:30 (with Intermediate)
	Wednesday 6:20-7:30
	Thursday 4:10-5:30*
	Friday 5:10-6:10* (with Intermediate)
	Saturday 9:30-10:40*
Advanced/Gold	Monday 7:40-9:00
	Tuesday 4:10-5:30
	Wednesday 7:40-9:00
	Thursday 7:30-9:00
	Friday 4:10-5:10
	Saturday 12:40-2:00
Power	Tuesday 7:10-8:00*
	Tuesday 8:10-9:00*
Adult/Teen	Thursday 9:10-10:00
PEP	Wednesday 5:40-6:10 (plus off-ice either before or after skating)

*Office staff is available during part or all of these sessions. See p.1 for full office hours. NOT ALL OFFICE HOURS ARE ON LOCATION AT MT. JOY ARENA WHERE SESSIONS TAKE PLACE.

Skaters must attend their session on the same day each week. Walk-ons and drop-ins cannot be accommodated. No make-up days are provided for missed lessons.



SESSION FEES

	Number of Sessions/Week				
Session	1	2	3	4	5
Pre-CanSkate	\$140	\$235	\$325		
CanSkate	\$155	\$260	\$360		
Intermediate	\$175	\$295	\$410	\$430	\$450
Senior/Advanced/Gold (min. 2 sessions/week)		\$320	\$440	\$465	\$490
PEP/Rising Stars (must <u>also</u> take at least 1 other session; includes 30 minutes off-ice training)	\$105				
Adult/Teen	\$170				
Power	\$180	N/A			
Off-Ice Class	n/c	n/c			

PAYMENT

- All fees for spring sessions must be paid in full at time of registration (no instalment payments).
- Cash or Cheque: Accepted through in-person registration only (no online option).
- Visa/MasterCard: Accepted online or in person.
- Session choice cannot be confirmed until payment is made in full.
- All skaters wishing to participate in private coaching, Skate Canada testing, or competitions of any kind must be a "Member in Good Standing" (i.e. all fees paid in full) and must have enrolled in an appropriate MSC program with the minimum required days of skating.

SKATE CANADA FEE

All skaters in Skate Canada-sanctioned clubs are required to pay an annual Skate Canada Membership fee of \$35.65, which will be applied at time of registration if you have not already paid this fee for the current year. *That is, if you skated with MSC in Fall/Winter 2017-18, your Membership is valid until August 31st, 2018; this fee must be included if you did NOT skate the FallWinter session).*

FAMILY DISCOUNT/PROGRAM ASSISTANT (PA) DISCOUNT

- Families with 2 skaters at MSC will receive a 2.5% discount on total membership fees. Families with 3 or more skaters at MSC will receive a 5% discount on total membership fees. All skaters accepted into the Program Assistant (PA) program will receive a 3% discount on their fees. Discounts are applied as a credit on your account once the PA has completed his/her skating season as a PA.
- (Discounts do not apply to Skate Canada membership fee). In order to receive the PA discount, <u>you must</u> select your PA session at the time you register.

CANCELLATIONS/REFUNDS

- a) If a written request to cancel a session registration is received prior to the start of skating, a refund will be granted, less a \$35 administration fee, and less the cost of the Skate Canada fee. (Skate Canada fees are non-refundable).
- b) If a written request to withdraw from a session is received on or before October 31 of the current fall/winter session, a pro-rated refund will be granted, less a \$35 administration fee, and less the cost of the Skate Canada fee. The administration fee will be waived if you choose to accept a credit on your account.
- c) After October 31 of the current skating season, or during the spring skating season, regardless of skater's attendance, there are no refunds except for medical reasons. Requests for refunds must be supported by a doctor's note, and all requests must be approved by the MSC Board of Directors. In this case, refunds are pro-rated and the Skate Canada registration fee is non-refundable. There are no credits after October 31.
- d) All credit balances remaining unused on a client account for two (2) years will be cleared.

NSF CHEQUES / RETURNED PAYMENTS

A \$45 fee will be levied for returned payments, which must be replaced with a certified cheque or other guaranteed form of payment. Replacement payment must be received within 14 days to continue membership with MSC.



NON-MEMBER REGISTRATIONS

Since many of our programs are at capacity, MSC Member registrations will be accepted prior to "non-member registrations". That is, in order that enough sessions are available for MSC Members, any skater who is registered with an alternate club as their "home club" will not be permitted to register for sessions until after initial registration is complete (April 5th, 2018). All non-member registration requests will be reviewed on an individual basis by the MSC Board of Directors on April 6th, 2018. It is expected that such requests will be granted, providing there is capacity on the sessions requested. Requests are reviewed and space granted in the order they are received.

CODE OF CONDUCT/ANTI-BULLYING POLICY

All skaters/guardians must read and agree to adhere to the MSC's Code of Conduct before registration will be considered complete. Copies are available at the MSC office, or you can download it from our website.

We maintain a strong stance on bullying, and we expect all our skaters and parents to adhere to the Skate Canada policy on bullying, to ensure a warm and welcoming place for children, teens and parents. A link to this policy is also available on our website.

SAFETY

Skate guards are to be worn at all times unless you are on the rubber mat at the rink entrance or on the ice. This is not only a safety regulation but also a sensible practice to protect your skate blades. Please use the dressing rooms for changing before and after lessons and keep the lobby free of skating apparel.

PROGRAM ASSISTANTS

MSC offers a wonderful opportunity for skaters to assist our Professional Coaches as Pre-CanSkate and CanSkate Program Assistants (PAs). Skaters are eligible to be a PA if they are registered on the Intermediate session or higher AND are 10 years of age or older. High school students may allocate these volunteer hours toward their Community Involvement requirements. In addition, Program Assistants receive a discount on session fees (see p.6 for details).

NOTE: PA hours are to be scheduled when you register for your sessions. Please contact the MSC office if you have questions about the PA program.

VOLUNTEER OPPORTUNITIES

Markham Skating Club is a non-profit organization run by dedicated and hard-working volunteers. All members are encouraged to join our volunteer community. Individuals can donate time, energy and expertise at every level, from helping for a couple of hours at one test day to joining the Board of Directors. Every bit counts!

To join our MSC volunteer team, please email us at info@markhamskatingclub.com

COSTUME AND DRESS RENTAL – "THE LOFT"

Costumes, test dresses, competition outfits and more, all available for rent at extremely reasonable prices through the Markham Skating Club rental business known as "The Loft". <u>Test dresses are available to Club members for a flat rental rate of only \$15 each!</u>

Come see our fabulous new costumes! We have hundreds of outfits for adults and kids; colourful skating dresses, Disney characters, medieval, western, fantasy, Wizard of Oz, genies, pirates, 1920s, through 1980s themes, flapper dresses, tuxedos, poodle skirts, international costumes, animals, fish, flower costumes, top hats, fedoras and more!

Our costumes are ideal for dance recitals, skating tests and shows, parades, theatrical productions, masquerades, school plays, Halloween and theme parties.

The Loft is located within the arena, at the south end of he ice, underneath the score clock. We are open by appointment only; call 905-294-0673 or email costumes@markhamskatingclub.com.



KEY DATES

Equity among programs is considered when our schedule is created, but please consider these dates when choosing your sessions. Times and schedules are subject to change; whenever possible, notices will be posted on the MSC website, emailed to members and posted in the arena and on social media. Be sure we have your email address!

February 2018	Saturday Feb 10 – Club Competition (no sessions)
	Saturday February 17 – Family Day weekend (yes, there are sessions on SATURDAY)
_	Monday February 19 – Arena closed for Family Day (no sessions on MONDAY)
	Tuesday February 20 – Spring session registration opens at 6pm
March 2018	Wednesday March 7 – Test day (no sessions)
	Saturday March 10 – Last day of fall/winter session
	Monday March 12 – Ice Show rehearsals start
	Monday March 12-Saturday March 16 – March Break (yes, there are rehearsals)
	Friday March 30-Monday April 2 inclusive – Easter weekend (no sessions)
April 2018	Monday April 9-Thursday April 12 – Ice Show production week (all skaters at arena every day)
	Friday April 13 – Ice Show performance #1 (7pm)
	Saturday April 14 – Ice Show performance #2 (1pm) & #3 (7pm)
	Sunday April 15 – Ice Show performance #4 (1pm)
	Monday April 16 – Spring session starts at Mt. Joy arena
	April 23-28 – New skaters' Pre-CanSkate & CanSkate information sessions (during sessions)
May 2018	Saturday May 5 – Annual Spring Awards Banquet (evening)
	Saturday May 19-Monday May 21 (inclusive) – Victoria Day weekend (no sessions)
	Wednesday May 23 – Test Day (no sessions)
	Saturday May 26 – Last day of spring skating
June 2018	Tuesday June 12 – Annual General Meeting

IMPORTANT – WE NEED TO CONTACT YOU!

Staying subscribed to email from MSC is vitally important. We need to keep you updated about things like schedule changes or session cancellations. If you do not have email, please be sure to regularly check our website, social media or the lobby bulletin board. **If you think you are not receiving email from us, please call the office.**



PROFESSIONAL COACHING STAFF

At MSC we are very proud of our coaching team. Some have coached with us for many years; some even learned to skate with MSC! This year, we have made several new additions to our team – coaches who we believe complement our very strong team with a variety of experiences, specialities and achievements. Many of our coaches have been national champions and international competitors, and all are N.C.C.P. certified members of Skate Canada. Our coaches teach both male and female skaters of all levels of ability and experience, from "learn to skate" through gold levels. To book private lessons, please contact the full-time coach of your choice directly for information.

Full Time Coaches CanSkate-only Coaches & Off-Ice Trainers			ches & Off-Ice Trainers
Deborah Botticella	905-830-8101	Amber Scott	CanSkate coach
Michele Britten	905-640-8488	Emily Dunn	CanSkate coach
Teri-Lynn Black-Calleri	416-580-7297	Hugo Li	CanSkate coach
Candice Glover	647-223-8967	Jay Tam	CanSkate coach
Darcy Guddat	905-294-2485	Jessica Abellanosa	CanSkate coach
Brandon Herdman	416-559-2696	Katelyn Toms	CanSkate coach
Tracey Jones	905-721-1921	Meaghan Churchill	CanSkate coach
Karolina Mazur	416-803-4092	Owen Tam	CanSkate coach
		Rebecca Bartkiw	CanSkate coach
		Kaitlyn Sims	CanSkate coach
		Lindsay Bennett	Off-Ice trainer (PEP program)
		Linda Daniel	Off-Ice trainer (Thursdays)

BOARD OF DIRECTORS

The Markham Skating Club's Board of Directors governs the overall MSC business. This group of volunteers meets once a month, but between meetings, they map out and oversee not just the on-ice skating programs, but also coordinate all special events, the bi-annual Ice Show and everything else that makes MSC the club you know. At least one of these people is at the arena each day we are in session, so please introduce yourself! We are a small group, but we are always looking for additional people willing to join the board, or just to bring new ideas, pitch in and have some fun. We have a lot of members to serve; the more volunteers we have to help, the better.

Shawna Sheldon	President
Peggy Watt	Treasurer
Maureen Patterson	Secretary & Communications Coordinator
Sylvia Sicuso	Registration Coordinator & Coach Liaison
Tammy Dawson	Test Chair
Jackie Macdonald-Bartkiw	Ice Show Coordinator & Volunteer Coordinator
Steve Paraskevopoulos	Property Manager
Maggie Waddington	Director at Large

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email: info@markhamskatingclub.com

